

# Health and Social Care

## Certificate in Understanding Mental Health

**Campus:** North Notts College - Worksop Campus

**Code:** NACHS011

**Level:** 3

**Type:** Part Time

### About This Course

Deepen your expertise in mental health with this advanced-level course designed for those wanting to take their knowledge to the next level. Focus on understanding complex mental health conditions and gain the practical tools necessary for supporting individuals in distress. This course is perfect for anyone seeking to make a positive impact in the mental health sector.

### What Will I Study?

Deepen your understanding of mental health with topics such as:

- Mental health conditions and their impacts
- Support systems and intervention techniques
- Coping strategies and stress management

### Why Study Here?

Enhance your learning with practical insights and industry-relevant knowledge, including:

- Expert instruction with real-world applications
- Access to comprehensive student support

- Career-focused, hands-on learning

## Entry Requirements

No requirements

## How To Apply

You can apply using our online application form and clicking the **Apply Now** button at the top of this page.

For more information support with your enquiry or application please contact Student Services by emailing [contact@nnc.ac.uk](mailto:contact@nnc.ac.uk) [mailto:contact@nnc.ac.uk] or by calling **01909 504500**.

## Tuition Fees

Those aged 19 or over may not need to pay fees depending on their circumstances. Find out if you qualify for help with fees [<https://www.nnc.ac.uk/information/student-support/finance/course-fees/>] .

If you need further advice or guidance please contact the Enquiries Team on **01909 504500**.

### PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2024-25. However, we do reserve the right to make changes if necessary..

**Last updated:** 22nd July 2025