North Notts College

Sport

Sport & Physical Activity

Campus: Dearne Valley College
Code: D14SP04
Level: 3

About This Course

Our Level 3 course in Sport provides industry skills and specialist knowledge of sport, nutrition, anatomy and physiology to support you into employment or further study in the industry. You will also have the opportunity to study additional qualifications such as coaching, fitness instructing and emergency first aid. This two-year course is equivalent to three full A-Levels.

What Will I Study?

- Health, Wellbeing and Sport
- Sports Coaching and Development
- Research Project
- Careers in the Sport and Active Leisure Industry
- Sports Psychology
- Anatomy and Physiology in Sport
- Nutrition for Physical Performance
- Fitness Testing and Training

Why Study Here?

Our sports teaching team bring specialist skills and experiences to the classroom, with backgrounds as managers in the leisure industry, as personal trainers and health professionals, and professional sports coaches.

Specialist teaching by our industry-experienced professionals who bring their experiences into the classroom and their teaching.

State-of-the-art, on-site sporting facilities including a sports and fitness centre, multisport cages and AstroTurf pitches, with access to a range of sports equipment and technology including a sports GPS system, timing gates, and Hi Cam Telescopic Mast Filming Systems, used to measure and analyse fitness and performance.

Access during teaching and as part of your course to the near-by Manvers boathouse and lake with access to activities such as canoeing, open-water swimming, mountain biking, orienteering, windsurfing, sailing and raft building.

Entry Requirements

- Five GCSEs at grade 4 or above, to include English and maths or a relevant Level 2 qualification
- A successful interview with a course tutor

How To Apply

You can apply using our online application form and clicking the **Apply Now** button at the top of this page.

For more information support with your enquiry or application please contact Student Services by emailing learn@dearne-coll.ac.uk or by calling **01709 513355**.

What Courses Can I Progress Onto?

Upon successful completion of this course, you will have the opportunity to progress on to a Foundation Degree in Sport Science, the BSc (Hons) in Sport Science, other university-level study or a sport or fitness related apprenticeship.

Tuition Fees

- 16-18 year olds do not need to pay course fees
- Those aged 19 or over may not need to pay fees depending on their circumstances. Find out if you qualify for help with fees.

If you need further advice or guidance please contact the Enquiries Team on **01709 513355.**

PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2027-28 However, we do reserve the right to make changes if necessary.

Last updated: 17th November 2026