North Notts College

Health and Social Care

Introduction to Health and Social Care

Campus: Rotherham College
Code: R08SP01
Level: 1

About This Course

This qualification is aimed at learners who want to gain an understanding of the different settings in Health and Childcare before deciding whether working in the sector is for them.

- Allows learners to gain the knowledge, understanding and skills required for employment and/or career progression in the sectors
- Allows learners to tailor their learning to their interests through the provision of a broad range of optional units
- Provides opportunities for the development of transferable skills
- Supports progression to Level 2 qualifications in health, social care or children's settings
- Provides learners with the opportunity to progress to employment, in due course, in a range of job roles in the care sectors.

What Will I Study?

You will study a range of topics including:

- Awareness of Protection and Safeguarding
- Introduction and awareness of Equality and Diversity
- Introduction to Communication
- Understand Principles and Values of Health and Social Care
- Health and Safety

Alongside this programme you can study English and Maths to support you to progress to the next level.

Why Study Here?

This qualification provides pathways into the sector for anyone considering a career in health and/or social care/childcare.

It will not confirm competence in a job role, but will provide an opportunity for learners to develop knowledge about the wider health and social care sector before they decide whether working in the sector is for them and gain information to make decisions about career progression.

Entry Requirements

No formal entry requirments

How To Apply

You can apply using our online application form and clicking the **Apply Now** button at the top of this page.

For more information support with your enquiry or application please contact Student Services by emailing info@rotherham.ac.uk or by calling **01709 362111**.

Tuition Fees

Those aged 19 or over may not need to pay fees depending on their circumstances. Find out if
you qualify for help with your fees [https://www.rotherham.ac.uk/course-fees/] .

If you need further advice or guidance please contact the Enquiries Team on **01709 362111.**

Additional Information

You will be required to study English and Maths.

PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2027-28. However, we do reserve the right to make changes if necessary.

Last updated: 17th November 2026